Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK	0001870999
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	
Submission Contact Information	
Name	
Phone	
E-Mail Address	

144: Issuer Information

Name of Issuer	Bridge Investment Group Holdings Inc.
SEC File Number	001-40622
Address of Issuer	111 East Sego Lily Drive Suite 400 Salt Lake City UTAH 84070
Phone	801-716-4524
Name of Person for Whose Account the Securities are To Be Sold	Dean Allara

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	Director
Relationship to Issuer	Vice Chairman

144: Securities Information

Title of the Class of Securities To Be Sold	Class A Common Stock
Name and Address of the Broker	Morgan Stanley Smith Barney LLC 200 W Civic Center Dr 4th Floor Sandy UT 84070
Number of Shares or Other Units To Be Sold	17500
Aggregate Market Value	145600
Number of Shares or Other Units Outstanding	41627094
Approximate Date of Sale	07/22/2024

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold			
Title of the Class	Class A Common Stock		
Date you Acquired	07/20/2021		
Nature of Acquisition Transaction	Restricted Stock Grant		
Name of Person from Whom Acquired	Issuer		
Is this a Gift?	Date Donor Acquired		
Amount of Securities Acquired	135503		
Date of Payment	07/20/2021		
Nature of Payment	Employee Compensation		

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Noth	ing	to R	eport

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144: Remarks and Signature		
Remarks	Shares to be sold to cover withholding taxes upon vesting of restricted stock.	
Date of Notice	07/22/2024	
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	07/22/2024	

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/ Dean Allara

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)